

# FRIENDS OF THE OUACHITA TRAIL (FOOT)



## Who Are Friends of the Ouachita Trail?

*“Friends of the Ouachita Trail” (FoOT) is a non-profit corporation organized exclusively to provide assistance for the maintenance, enhancement and use of the Ouachita National Recreation Trail.*

*FoOT is made up primarily of trail users who recruit and manage volunteer labor to perform trail maintenance. An Adopt-a-Trail program is supplemented with certified chain saw operators and organized work parties to keep the trail healthy.*

*FoOT works in conjunction with, and support of, the agencies and landowners with jurisdiction over the trail. We actively partner with the US Forest Service (Ouachita National Forest) and the Arkansas State Parks to help establish priorities for the limited resources available.*

*FoOT provides services to Trail Users by providing information and current trail condition reports on our web site.*

**WWW.FRIENDSOT.ORG**

## What is the Ouachita Trail?

The **Ouachita National Recreation Trail** is a premier single-track trail stretching 223 miles through the beautiful Ouachita Mountains of Arkansas and Oklahoma. More commonly known the “Ouachita Trail”, it runs from Talimena State Park in Oklahoma to Pinnacle Mountain State Park, near Little Rock. It is open to non-motorized users, including hikers, backpackers, hunters, and (in some areas) mountain bikers.

The Ouachita Trail is primarily within the Ouachita National Forest and administered by the US Forest Service. It traverses Upper Kiamichi Wilderness (OK), Flatside Wilderness (AR) and several wildlife management areas. Shelters for overnight camping are located along the trail. The trail begins and ends in state parks, and passes through Queen Wilhelmina State Park in western Arkansas.

## What can YOU do?

*FoOT has several membership categories reflecting the type of involvement you want.*

**Working Member:** Adopt a section of Trail or contribute **10 hours** of volunteer work annually in support of our goals. *The most important thing you can do is to make a commitment of time and effort to help maintain the trail.*

**Supporting Member:** Contribute **\$25** or more annually. *Even a small donation to offset our administrative expenses is an important way to show support for the trail.*

**Sustaining Member:** Meet the criteria for Working Member and contribute at least **\$15** annually.

**Organizations:** Outdoor clubs often adopt a section of trail. Organizations are eligible for any membership category. We also need commercial donors for equipment / supplies. Please contact us for details.

## FRIENDS OF THE OUACHITA TRAIL (FOOT)

*YES, I would like to help maintain the  
Ouachita National Recreation Trail !*

**Name:**

**Address:**

**Phone:**

**E-Mail:**

**Working Member:** I will Adopt a section of Trail or Contribute 10 hours of work annually. *(Indicate preferred location or type of work on back of form)*

**Supporting Member:** Here is my Donation to help preserve the Trail. (\$ \_\_\_\_\_)

**Sustaining Member:** I would like to work and donate. Here is my Donation. (\$ \_\_\_\_\_)

**Organization:** Please contact me regarding an organization membership

*Contact us by mail:*

**PO Box 8630  
Hot Springs, AR 71910**

*By E-mail:*

**FoOT@FriendsOT.org**

*Friends of the Ouachita Trail*

is an Arkansas Non-profit Corporation  
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